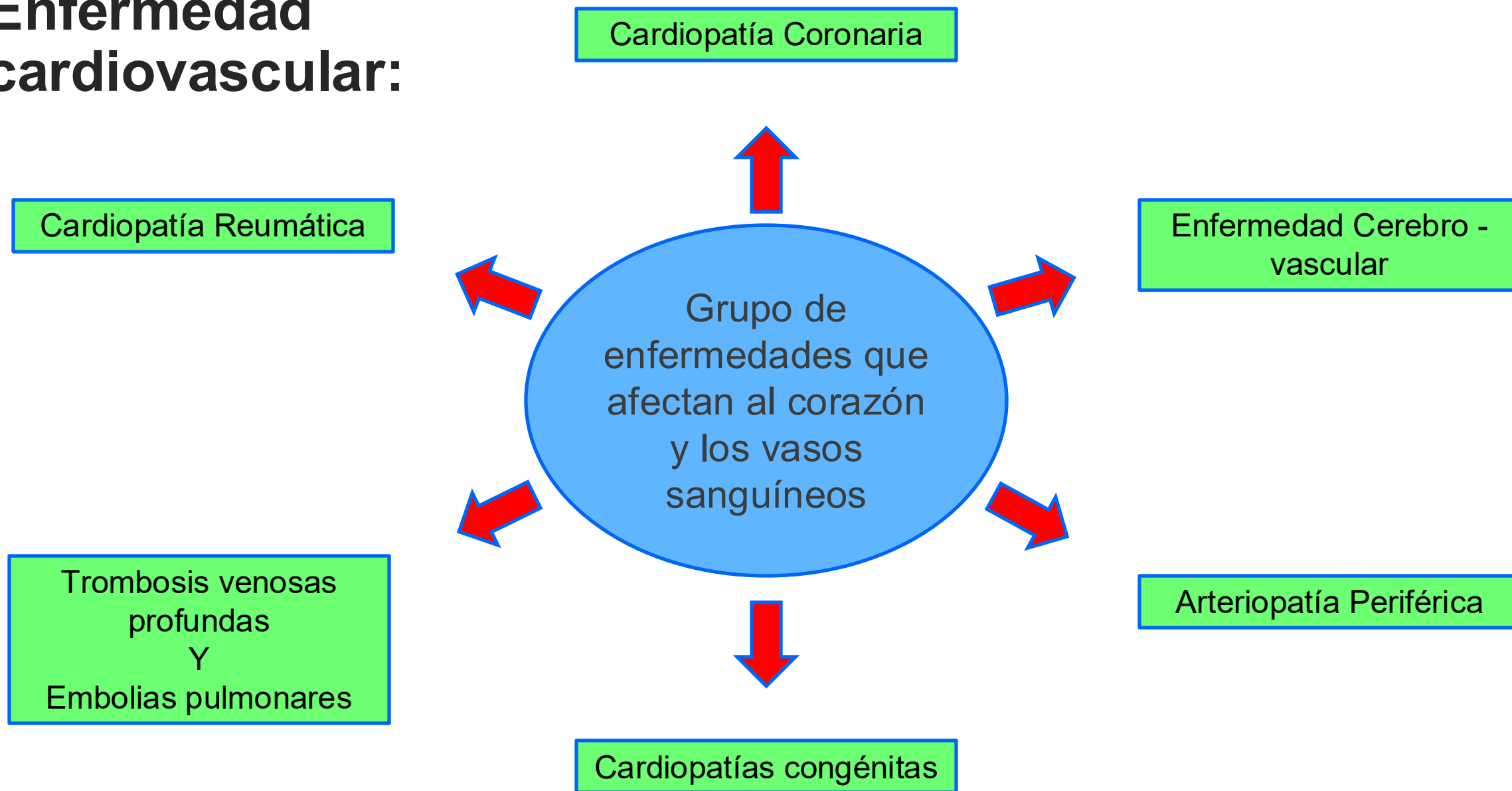




Ruta Integral de Atención en Salud (RIAS)

Enfermedad Cardiovascular|

Enfermedad cardiovascular:

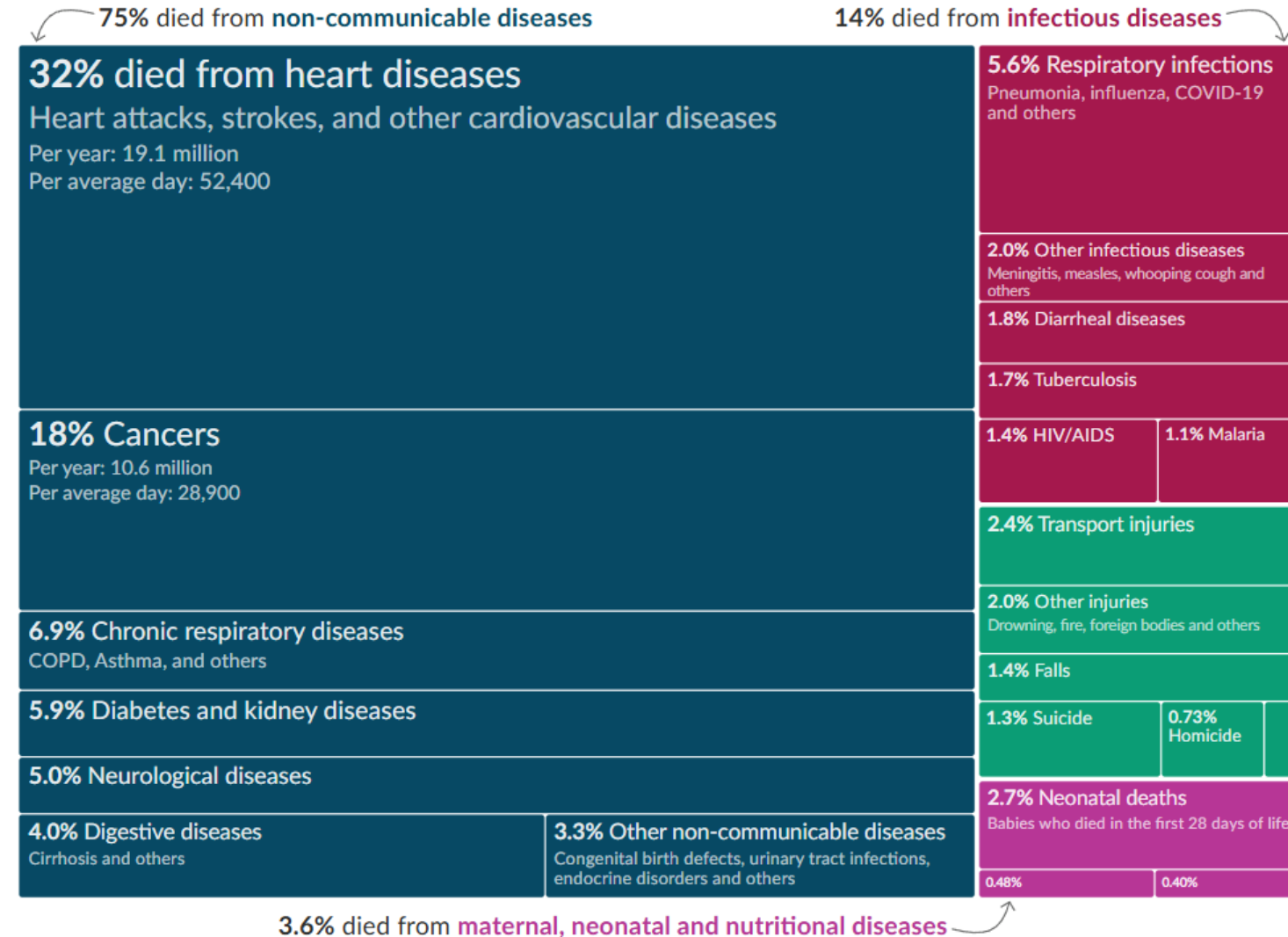


¿Por qué es importante?

What did people die from in 2023?

Our World
in Data

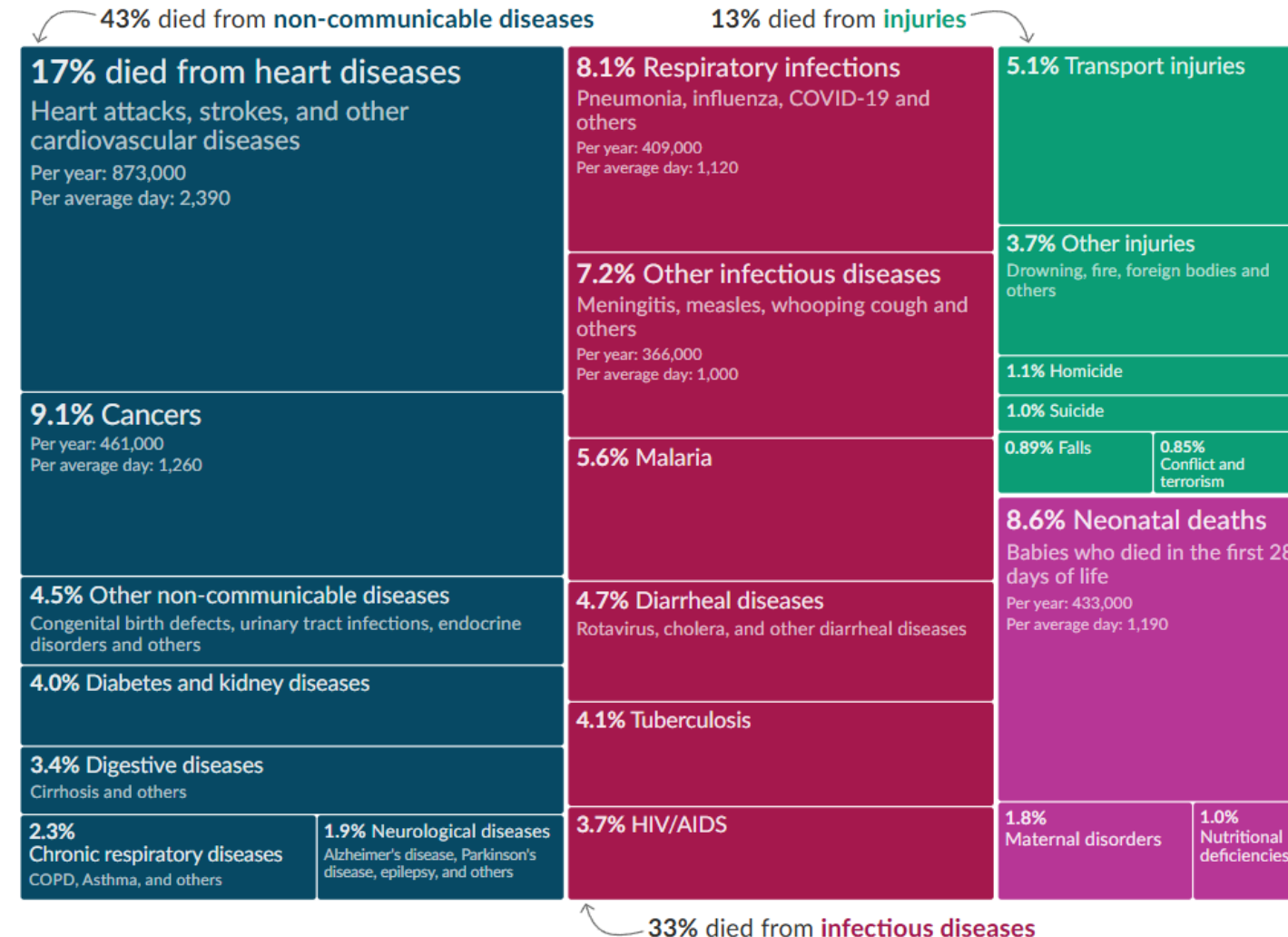
The size of the entire visualization represents the total number of deaths globally in 2023: 60.0 million. Each rectangle within is proportional to the share of deaths due to a particular cause.



What did people in low-income countries die from in 2023?

Our World
in Data

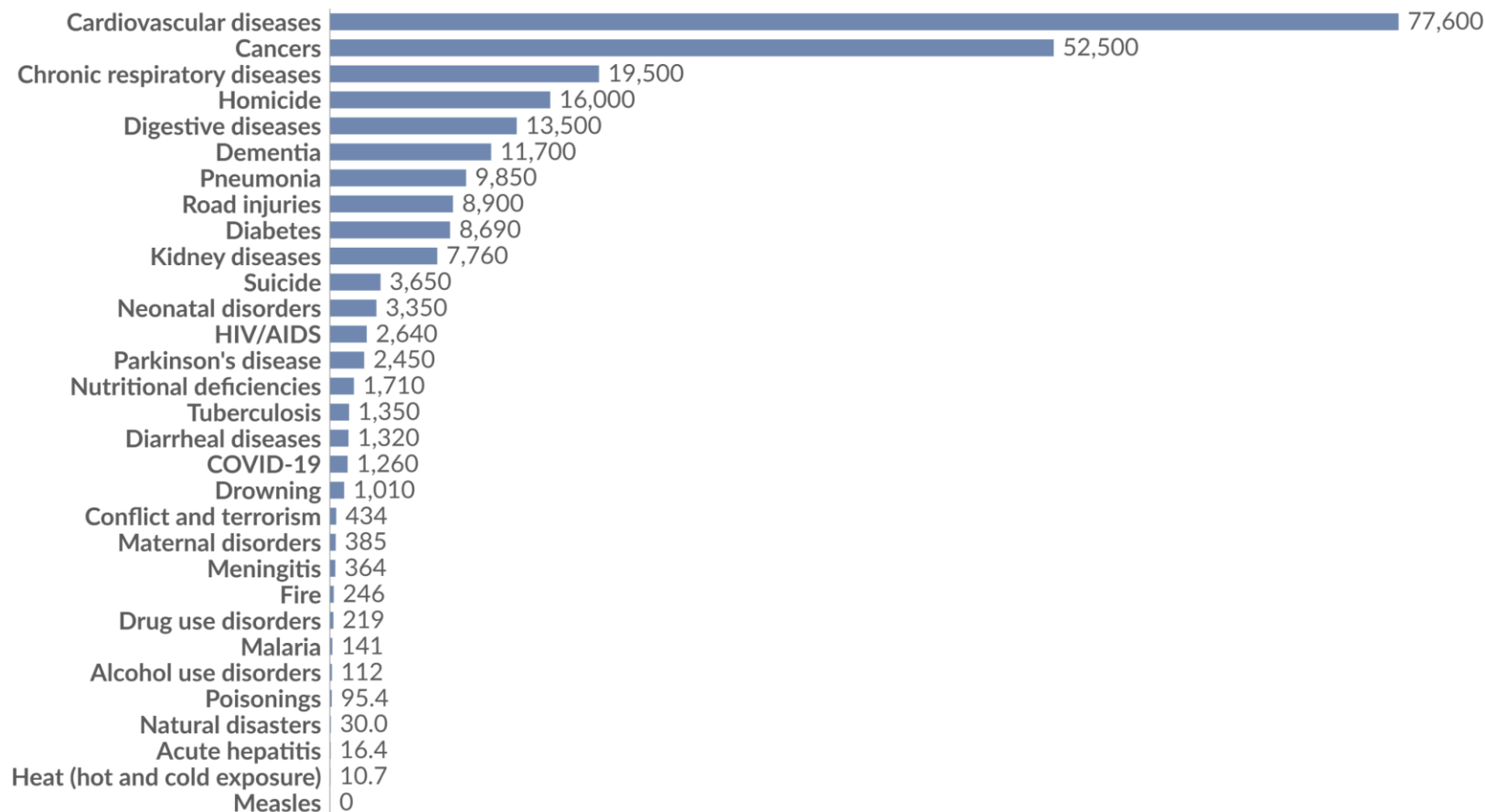
The size of the entire visualization represents the total number of deaths in low-income countries in 2023: 5.05 million. Each rectangle within is proportional to the share of deaths due to a particular cause.



Causes of death Colombia, 2023

Our World
in Data

The estimated annual number of deaths from each cause. Estimates come with wide uncertainties, especially for countries with poor vital registration¹.



Data source: IHME, Global Burden of Disease (2025)

OurWorldinData.org/causes-of-death | CC BY

1. Civil Registration and Vital Statistics system A Civil Registration and Vital Statistics system (CRVS) is an administrative system in a country that manages information on births, marriages, deaths and divorces. It generates and stores 'vital records' and legal documents such as birth certificates and death certificates.

 You can read more about how deaths are registered around the world in our article: [How are causes of death registered around the world?](#)

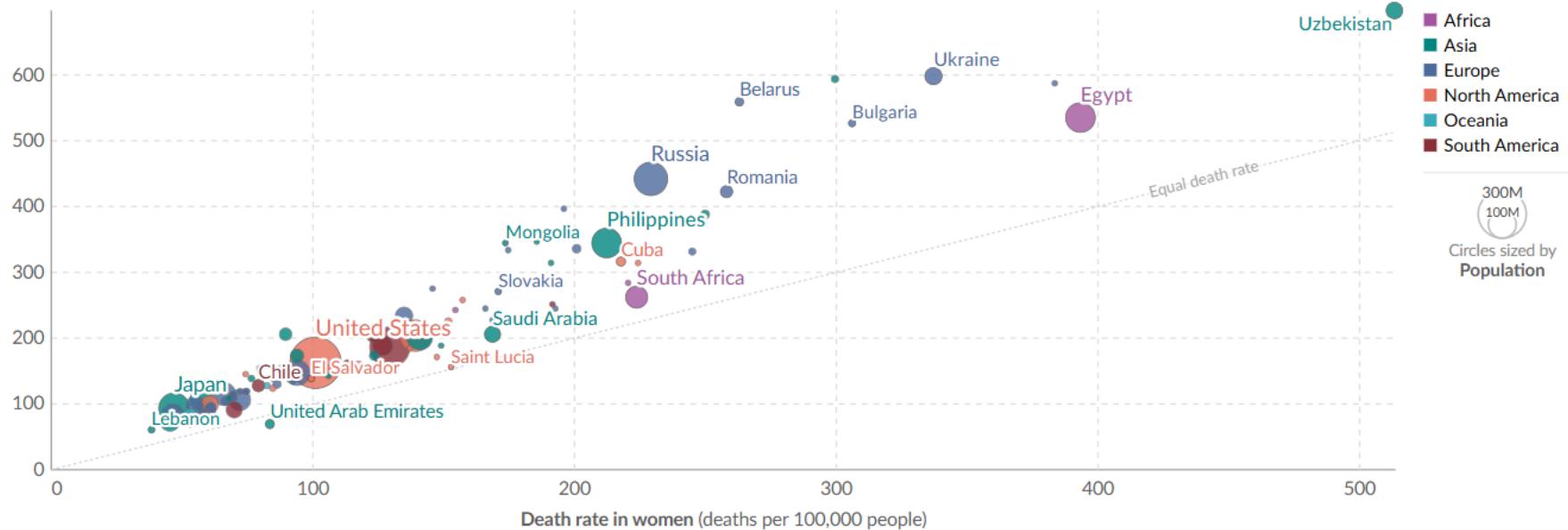
Death rate from cardiovascular diseases by sex, 2023

Reported annual death rate from cardiovascular diseases per 100,000 people, based on the underlying cause listed on death certificates.

Our World
in Data

Table Chart

Death rate in men (deaths per 100,000 people)



► Play time-lapse

1950

2023

Data source: WHO Mortality Database (2025) - [Learn more about this data](#)

Note: To allow for comparisons between countries and over time, this metric is age-standardized. All deaths in a country may not have been registered with a cause of death.

OurWorldinData.org/cardiovascular-diseases | CC BY



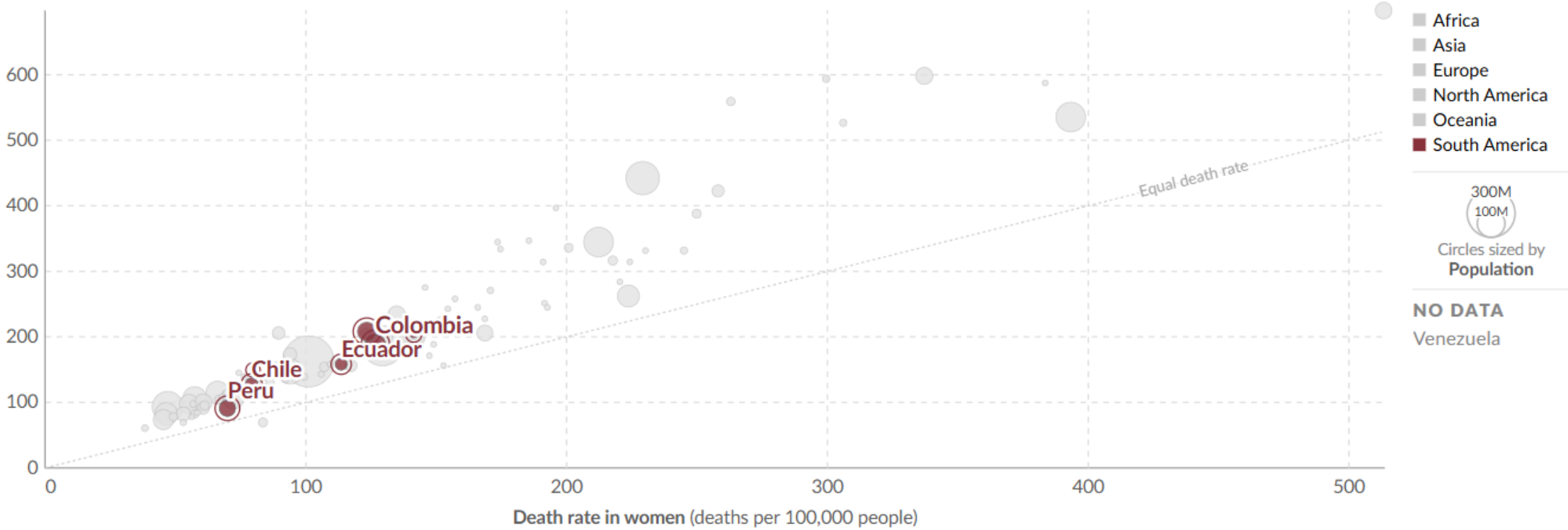
Death rate from cardiovascular diseases by sex, 2023

Reported annual death rate from cardiovascular diseases per 100,000 people, based on the underlying cause listed on death certificates.

Table Chart

Settings

Death rate in men (deaths per 100,000 people)



► Play time-lapse 1950 2023

Data source: WHO Mortality Database (2025) – [Learn more about this data](#)

Note: To allow for comparisons between countries and over time, this metric is age-standardized. All deaths in a country may not have been registered with a cause of death.

OurWorldinData.org/cardiovascular-diseases | CC BY



Death rate from cardiovascular diseases by sex, Colombia

Our World
in Data

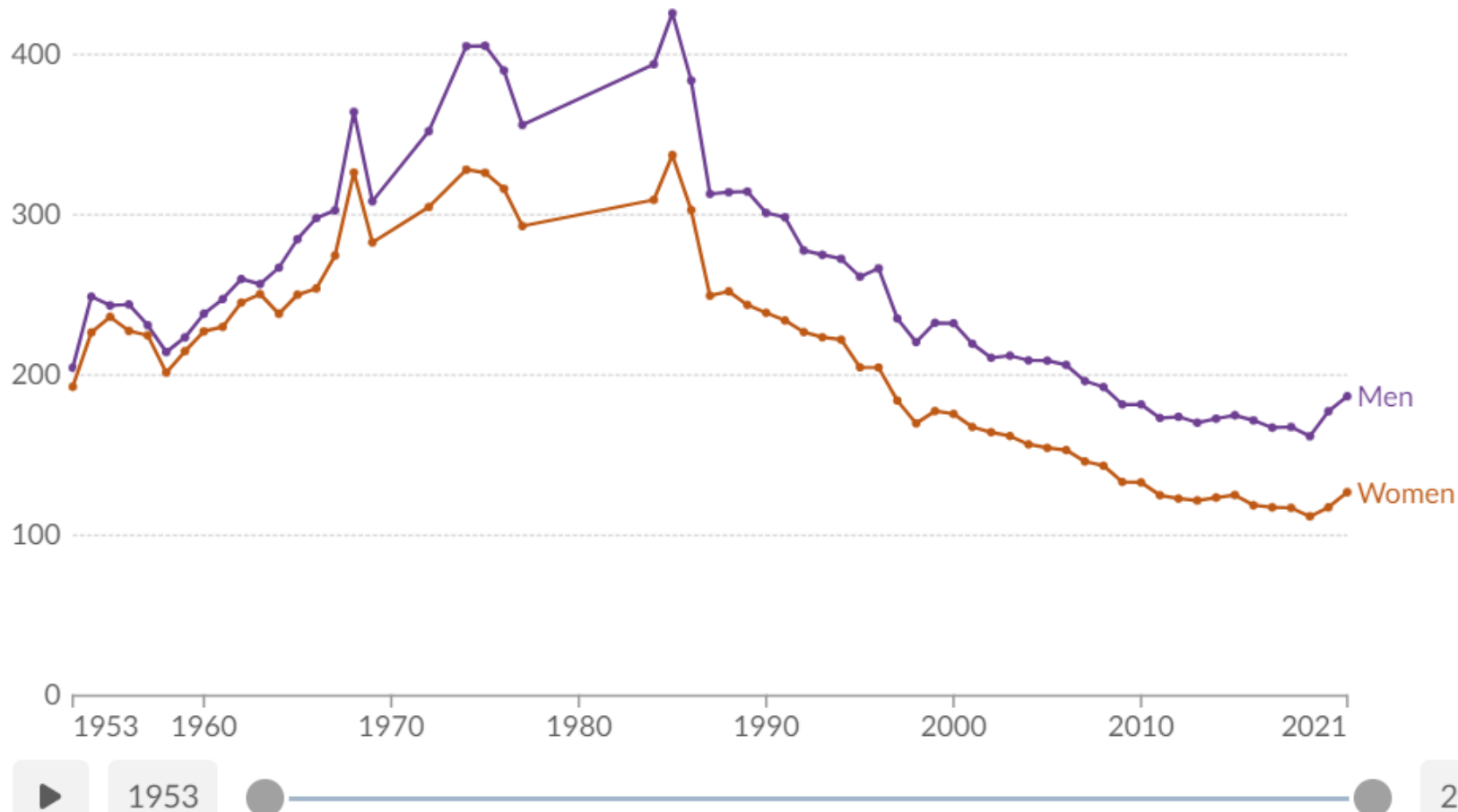
Reported annual death rate from cardiovascular diseases per 100,000 people in each group, based on the underlying cause listed on death certificates.

Table

Chart

Change country or region

Settings



1953



2021

Data source: WHO Mortality Database (2024) - [Learn more about this data](#)

Note: To allow for comparisons between countries and over time, this metric is age-standardized. All deaths in a country may not have been registered with a cause of death.

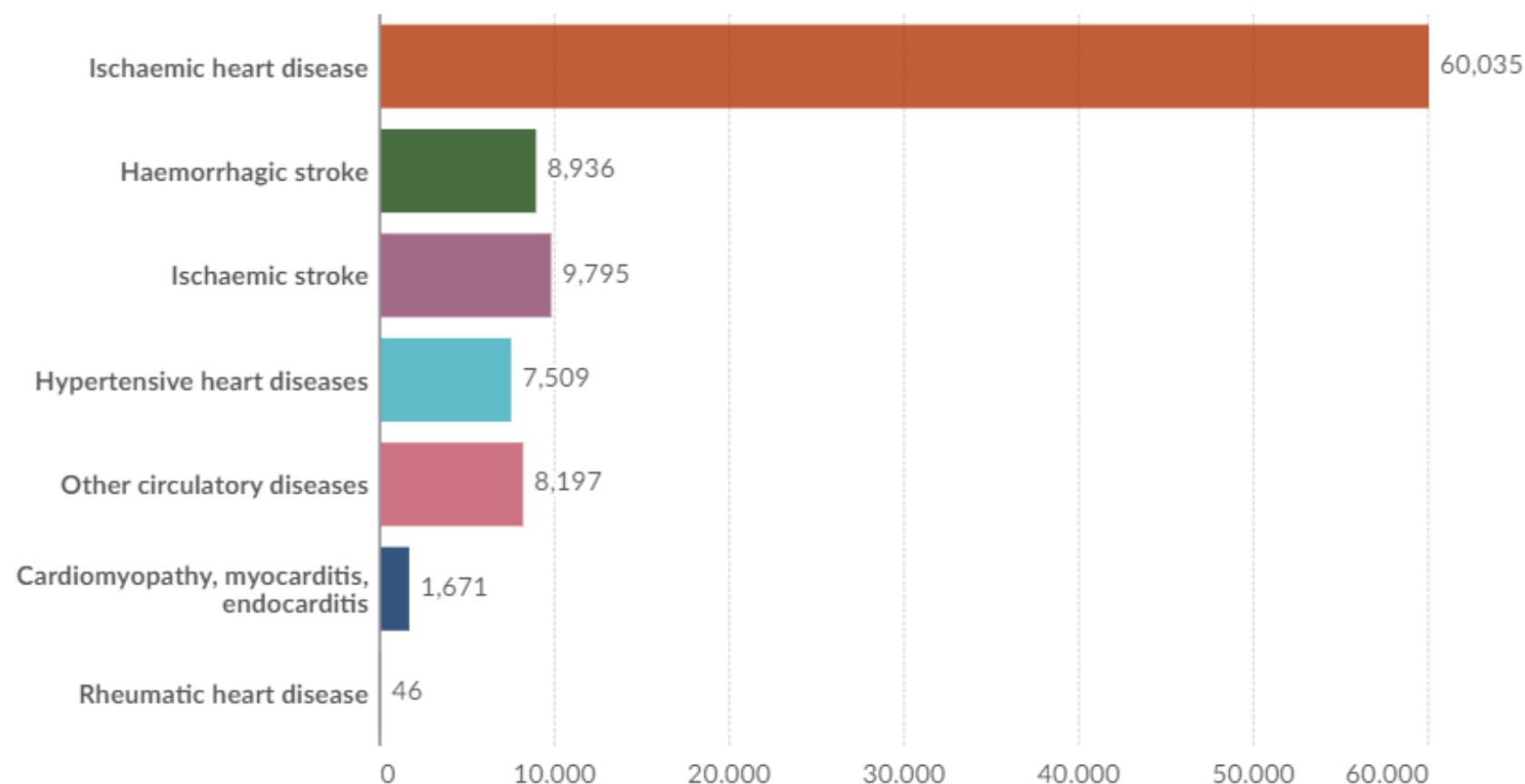
Number of deaths from cardiovascular diseases by type, Colombia, 2021

Our World
in Data

Estimated annual number of deaths from cardiovascular diseases. This includes ischemic heart disease, hemorrhagic stroke, ischemic stroke, hypertensive heart diseases, cardiomyopathy, myocarditis, endocarditis, and rheumatic heart disease.

Table Chart

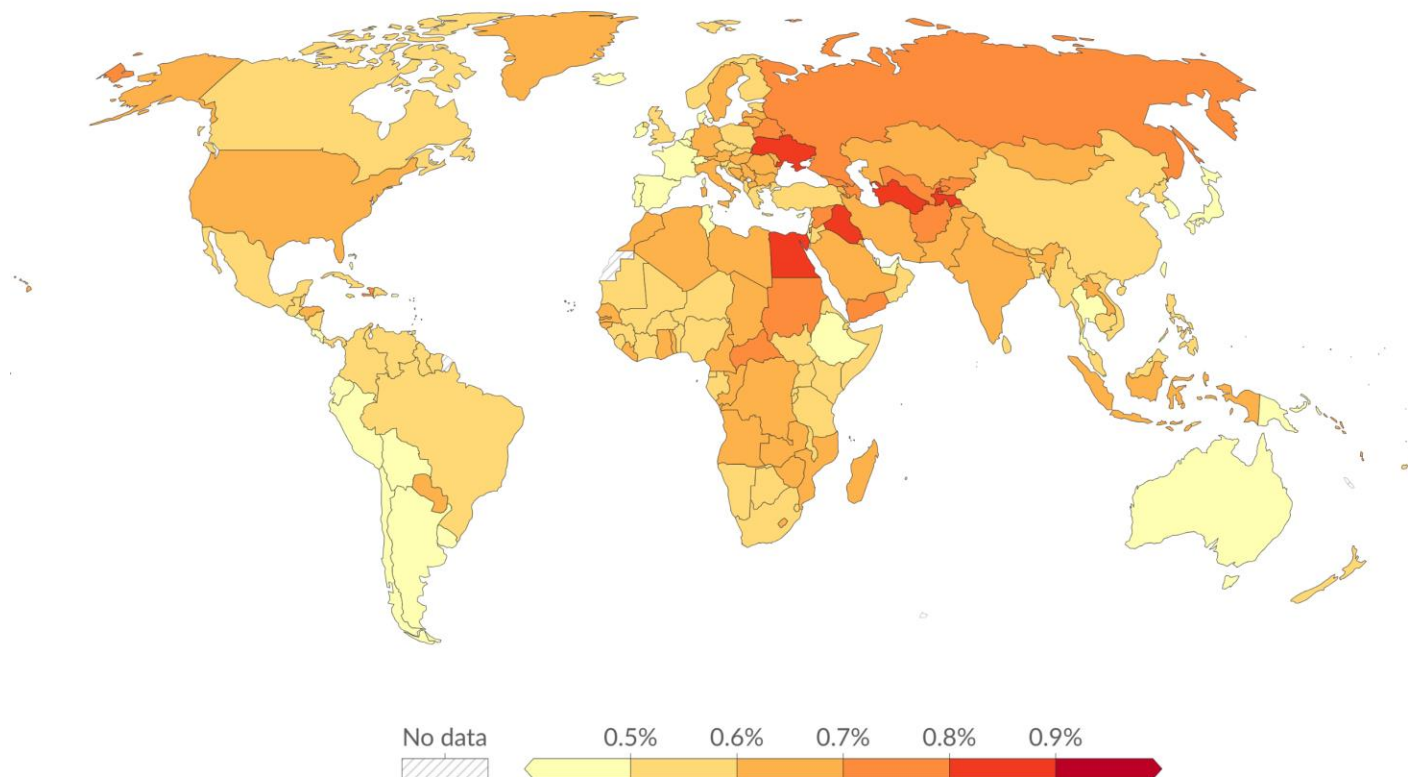
Change country or region



Incidence rate of cardiovascular diseases 2023

Our World
in Data

Estimated share of the population who newly develop cardiovascular diseases¹, in a given year.



Data source: IHME, Global Burden of Disease (2025)

OurWorldinData.org/cardiovascular-diseases | CC BY

Note: To allow for comparisons between countries and over time, this metric is age-standardized².

1. Cardiovascular disease Cardiovascular diseases cover all diseases of the heart and blood vessels – including heart attacks and strokes, atherosclerosis, ischemic heart disease, hypertensive diseases, cardiomyopathy, rheumatic heart disease, and more. They tend to develop gradually with age, especially when people have risk factors like high blood pressure, smoking, alcohol use, poor diet, and air pollution.

2. Age standardization Age standardization is an adjustment that makes it possible to compare populations with different age structures, by standardizing them to a common reference population.

 Read more: [How does age standardization make health metrics comparable?](#)

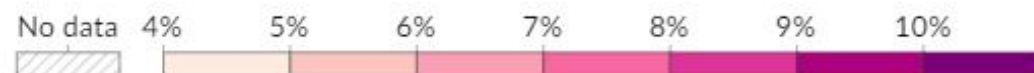
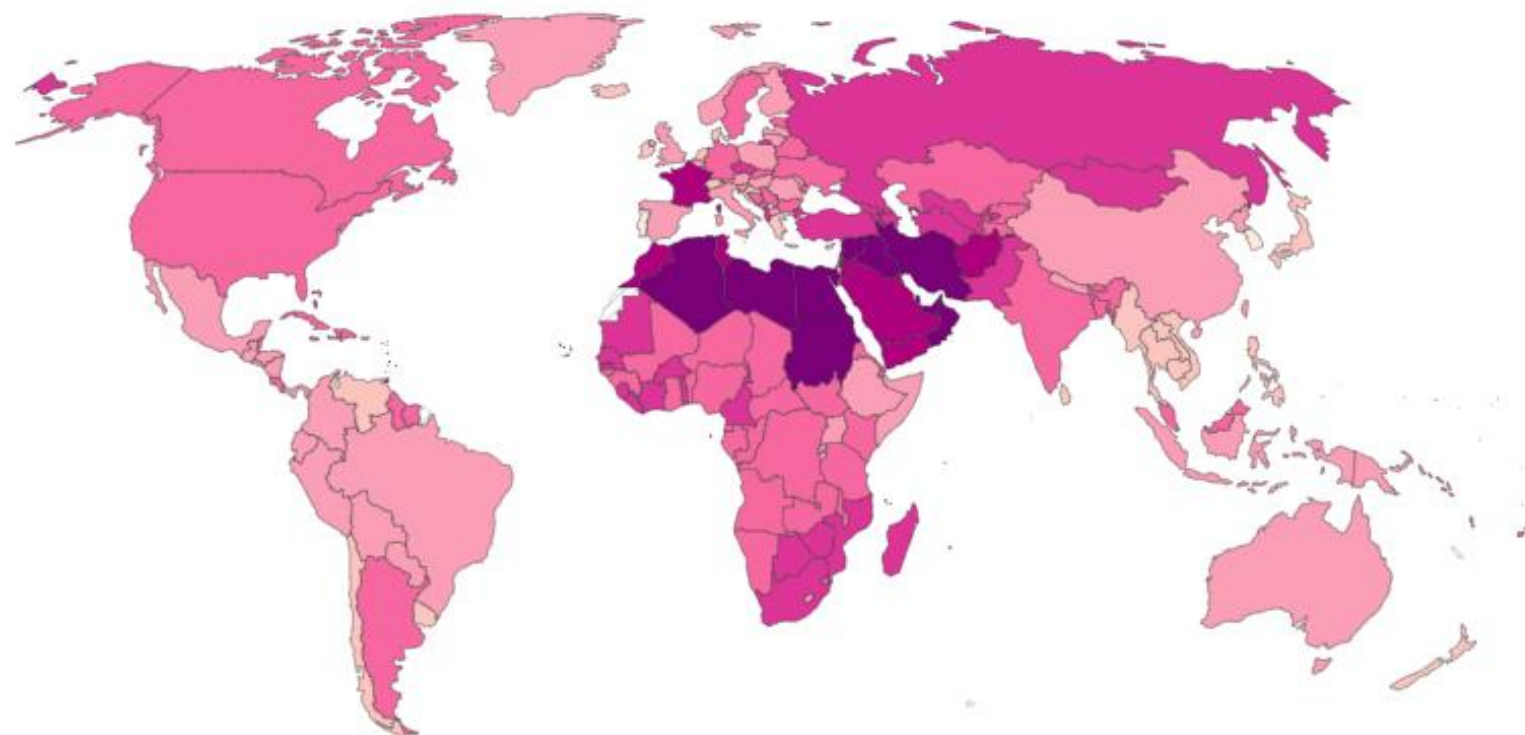
Prevalence rate of cardiovascular diseases, 2021

Our World
in Data

Estimated prevalence of cardiovascular diseases, as a share of the population.

Table Map Chart

World



1990

2021

Data source: IHME, Global Burden of Disease (2024) - [Learn more about this data](#)

Note: To allow for comparisons between countries and over time, this metric is age-standardized.

OurWorldInData.org/cardiovascular-diseases | CC BY





Factores de riesgo

No Modificables

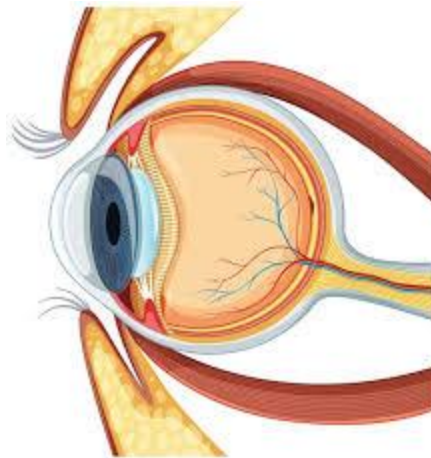
1. Edad
2. Sexo
3. Contaminación medio ambiental
4. Factores hereditarios

Modificables

1. Hipertensión arterial
2. Dislipidemia
3. Diabetes mellitus
4. Tabaquismo
5. Sobrepeso y obesidad
6. Falta de ejercicio físico
7. Consumo nocivo de alcohol
8. Tipo de dieta
9. Nivel de estrés
10. Anticonceptivos orales

Diabetes Mellitus

5 – 15 Años



5 – 10 Años



5 – 10 Años



10 Años



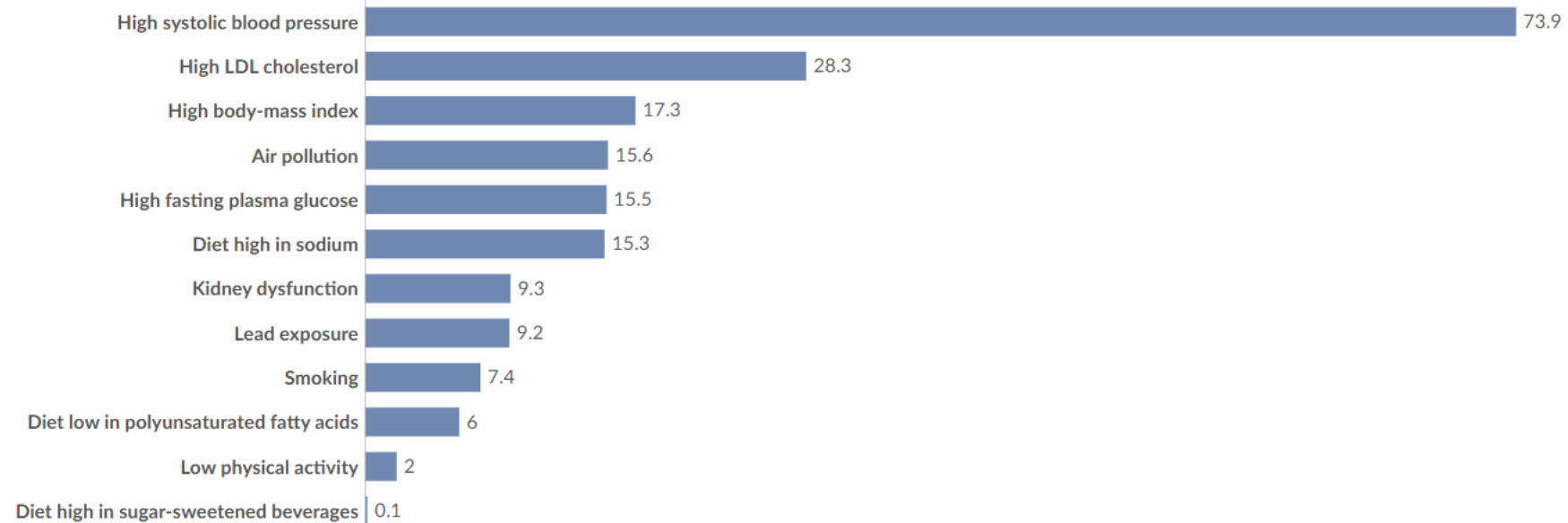
shutterstock.com · 2025588608

Death rate from cardiovascular diseases by risk factor, Colombia, 2021

Our World
in Data

Estimated death rate from cardiovascular diseases per 100,000 people attributed to each risk factor. Estimates come with wide uncertainties, especially for countries with poor vital registration.

Table Line Bar



Play time-lapse

1990

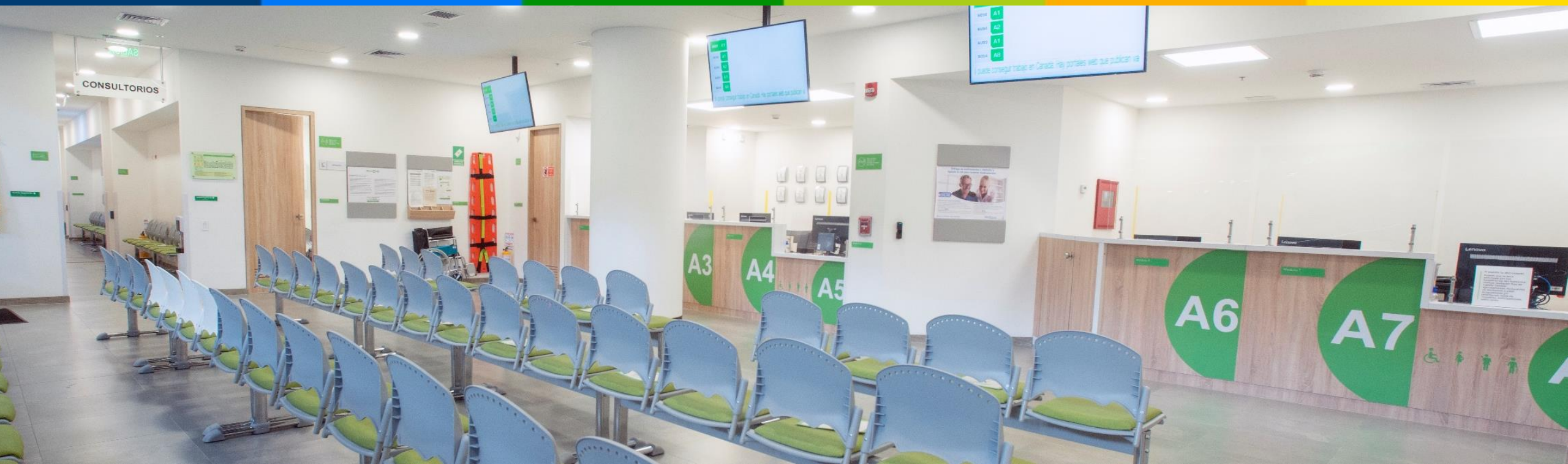
2021

Data source: IHME, Global Burden of Disease (2024) – [Learn more about this data](#)

OurWorldinData.org/burden-of-disease | CC BY

Note: To allow for comparisons between countries and over time this metric is age-standardized. Multiple risk factors can contribute to the same deaths; therefore, deaths from different risk factors cannot be summed up.





Modelo de atención Aliansalud EPS

1. Hipertensión arterial
2. Dislipidemia
3. Diabetes mellitus
4. Tabaquismo
5. Sobrepeso y obesidad
6. Falta de ejercicio físico
7. Consumo nocivo de alcohol
8. Tipo de dieta
9. Nivel de estrés
10. Anticonceptivos orales



- Médico general
- Médico internista / Médico Familiar
- Cardióloga
- Endocrinología
- Oftalmología
- Nefrología*

- Nutricionista
- Psicología
- Fisioterapeuta
- Trabajo social

1. Hipertensión arterial
2. Dislipidemia
3. Diabetes mellitus
4. Tabaquismo
5. Sobrepeso y obesidad
6. Falta de ejercicio físico
7. Consumo nocivo de alcohol
8. Tipo de dieta
9. Nivel de estrés
10. Anticonceptivos orales



- Creatinina sérica y cálculo de TFG
- Albuminuria
- Glicemia / Hb A1c
- Perfil lipídico

- Hemoglobina*
- PTH*
- Fosforo*
- Calcio*
- Albumina*
- Fosfatasa Alcalina*

