Ruta Integral de Atención en Salud (RIAS)

Enfermedad Cardiovascular
Agosto 2025

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Enfermedad cardiovascular:

Cardiopatía Coronaria

Cardiopatía Reumática

Enfermedad Cerebro - vascular

Trombosis venosas profundas
Y
Embolias pulmonares

Arteriopatía Periférica

Cardiopatías congénitas

https://www.who.int/es/news-room/fact-sheets/detail/cardiovascular-diseases-(cvds)

¿Por qué es importante?

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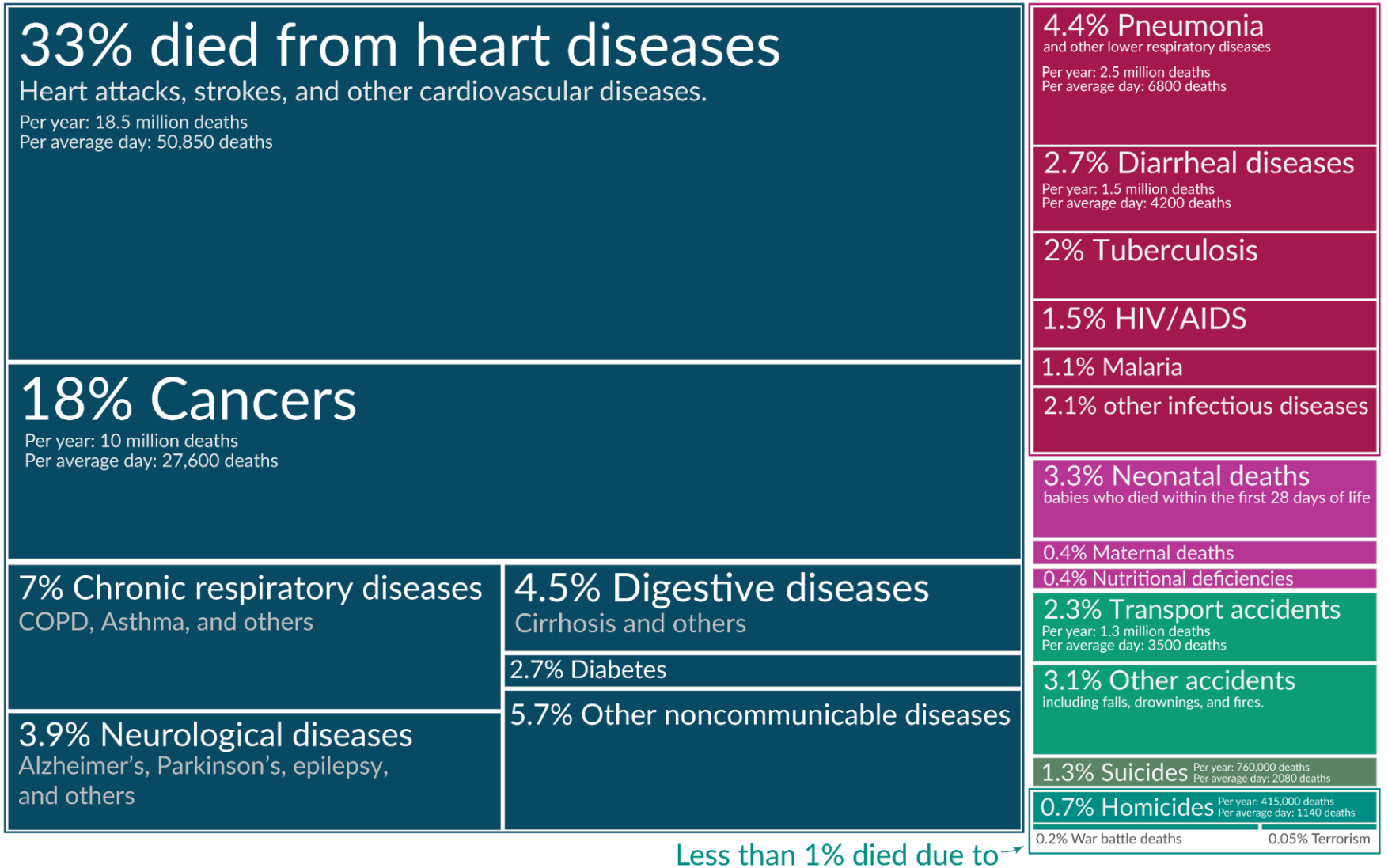
What do people die from? Causes of death globally in 2019

The size of the entire visualization represents the total number of deaths in 2019: 55 million.
Each rectangle within it is proportional to the share of deaths due to a particular cause.

Our World in Data

74% died from noncommunicable diseases

14% died from infectious diseases



Less than 1% died due to interpersonal violence

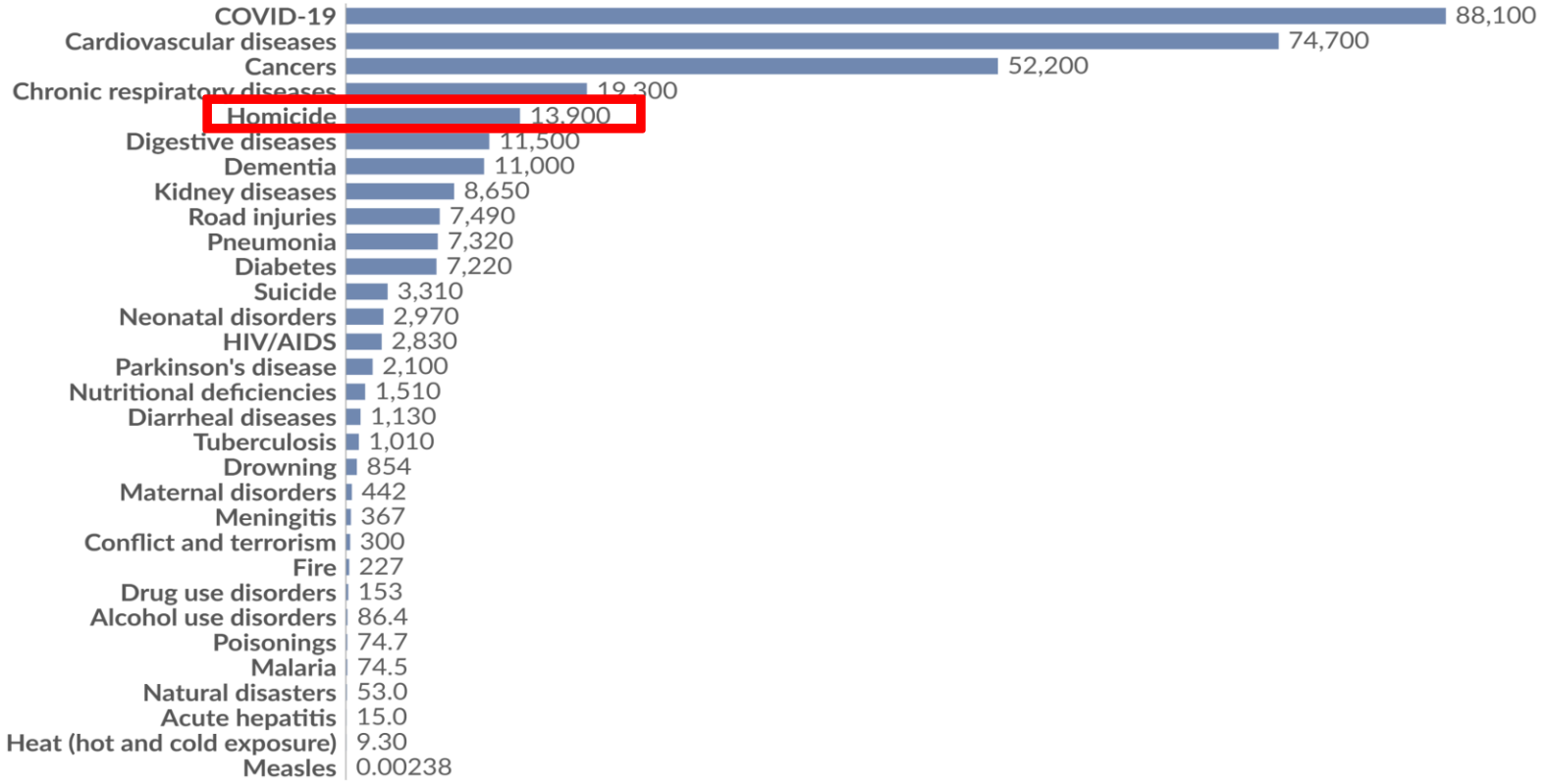
Data source: IHME Global Burden of Disease and Global Terrorism Database

OurWorldinData.org – Research and data to make progress against the world's largest problems.

Causes of death, Colombia, 2021

Our World in Data

The estimated annual number of deaths from each cause. Estimates come with wide uncertainties, especially for countries with poor vital registration[1].



Data source: IHME, Global Burden of Disease (2024)

OurWorldinData.org/causes-of-death | CC BY

1. Civil Registration and Vital Statistics system A Civil Registration and Vital Statistics system (CRVS) is an administrative system in a country that manages information on births, marriages, deaths and divorces. It generates and stores 'vital records' and legal documents such as birth certificates and death certificates.

You can read more about how deaths are registered around the world in our article: How are causes of death registered around the world?

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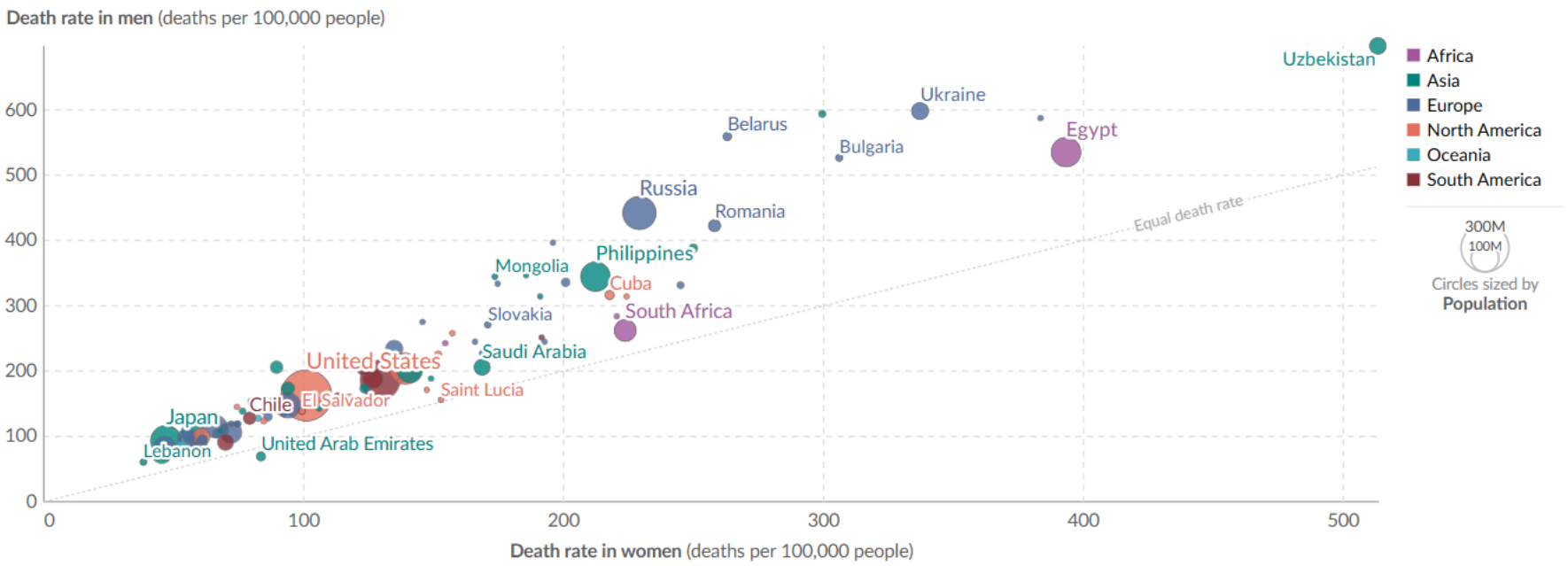
Death rate from cardiovascular diseases by sex, 2023

Reported annual death rate from cardiovascular diseases per 100,000 people, based on the underlying cause listed on death certificates.

Our World in Data

Table | Chart



Play time-lapse 1950 2023

Data source: WHO Mortality Database (2025) – Learn more about this data

Note: To allow for comparisons between countries and over time, this metric is age-standardized. All deaths in a country may not have been registered with a cause of death.

OurWorldinData.org/cardiovascular-diseases | CC BY

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Death rate from cardiovascular diseases by sex, 2023

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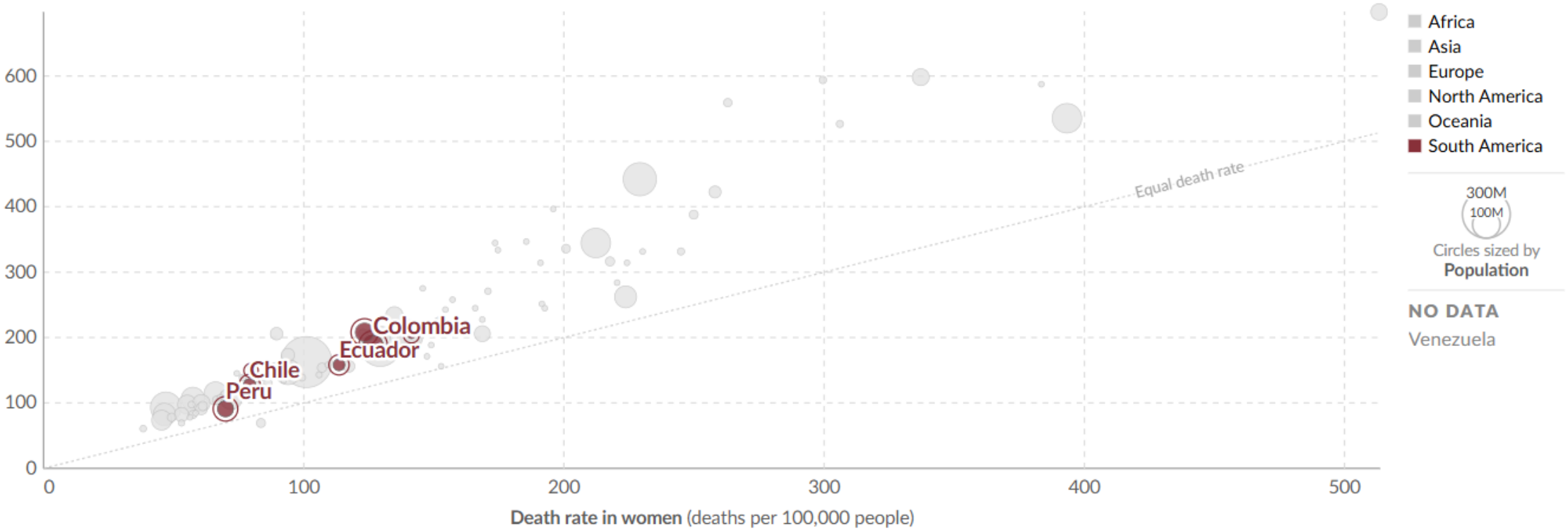
Our World in Data

Table | Chart

Settings



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OurWorldinData.org/cardiovascular-diseases | CC BY

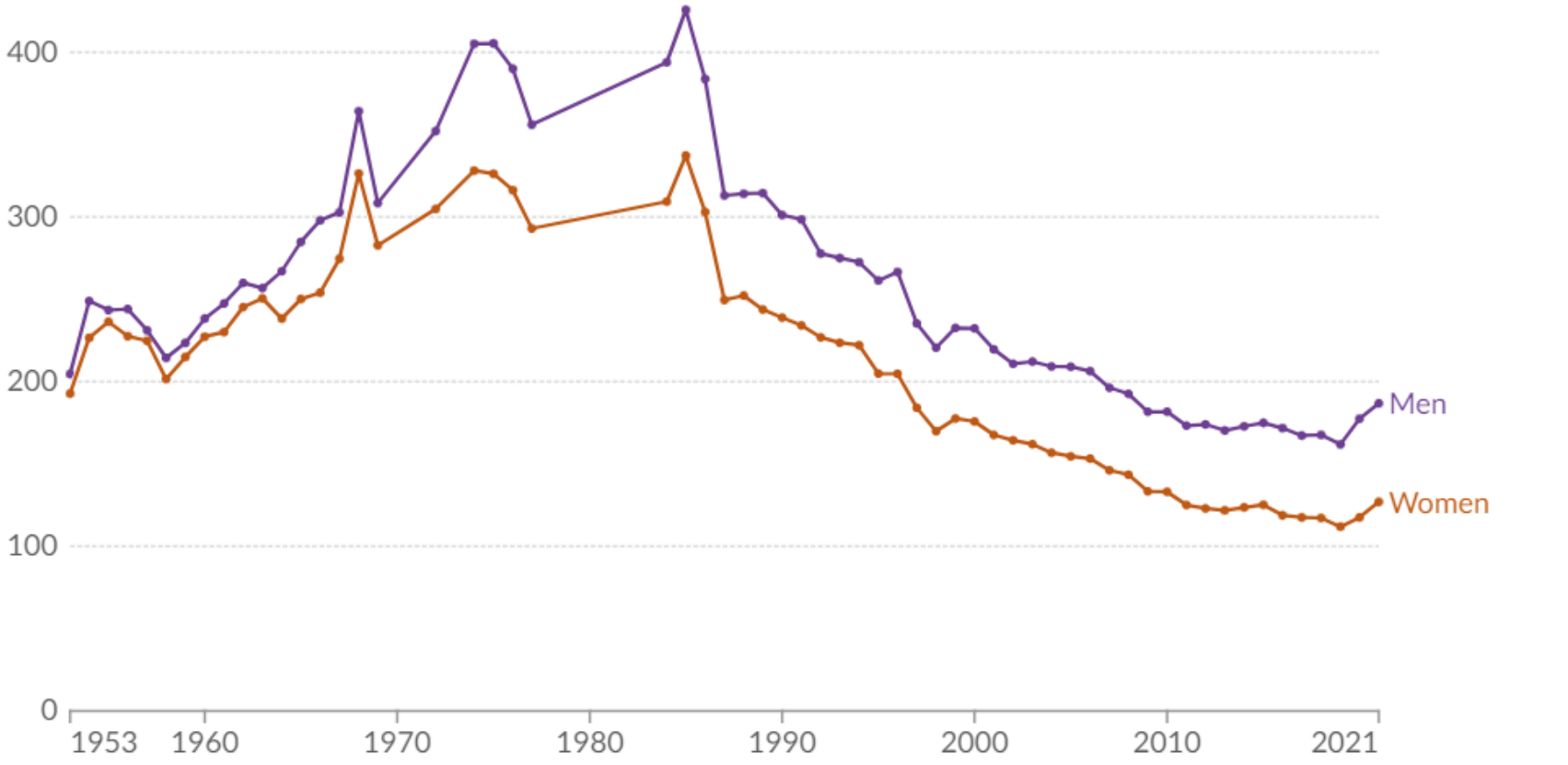
Death rate from cardiovascular diseases by sex, Colombia

Reported annual death rate from cardiovascular diseases per 100,000 people in each group, based on the underlying cause listed on death certificates.

Our World in Data

Table | Chart

Change country or region | Settings



1953 — 2021

Data source: WHO Mortality Database (2024) – Learn more about this data

Note: To allow for comparisons between countries and over time, this metric is age-standardized. All deaths in a country may not have been registered with a cause of death.

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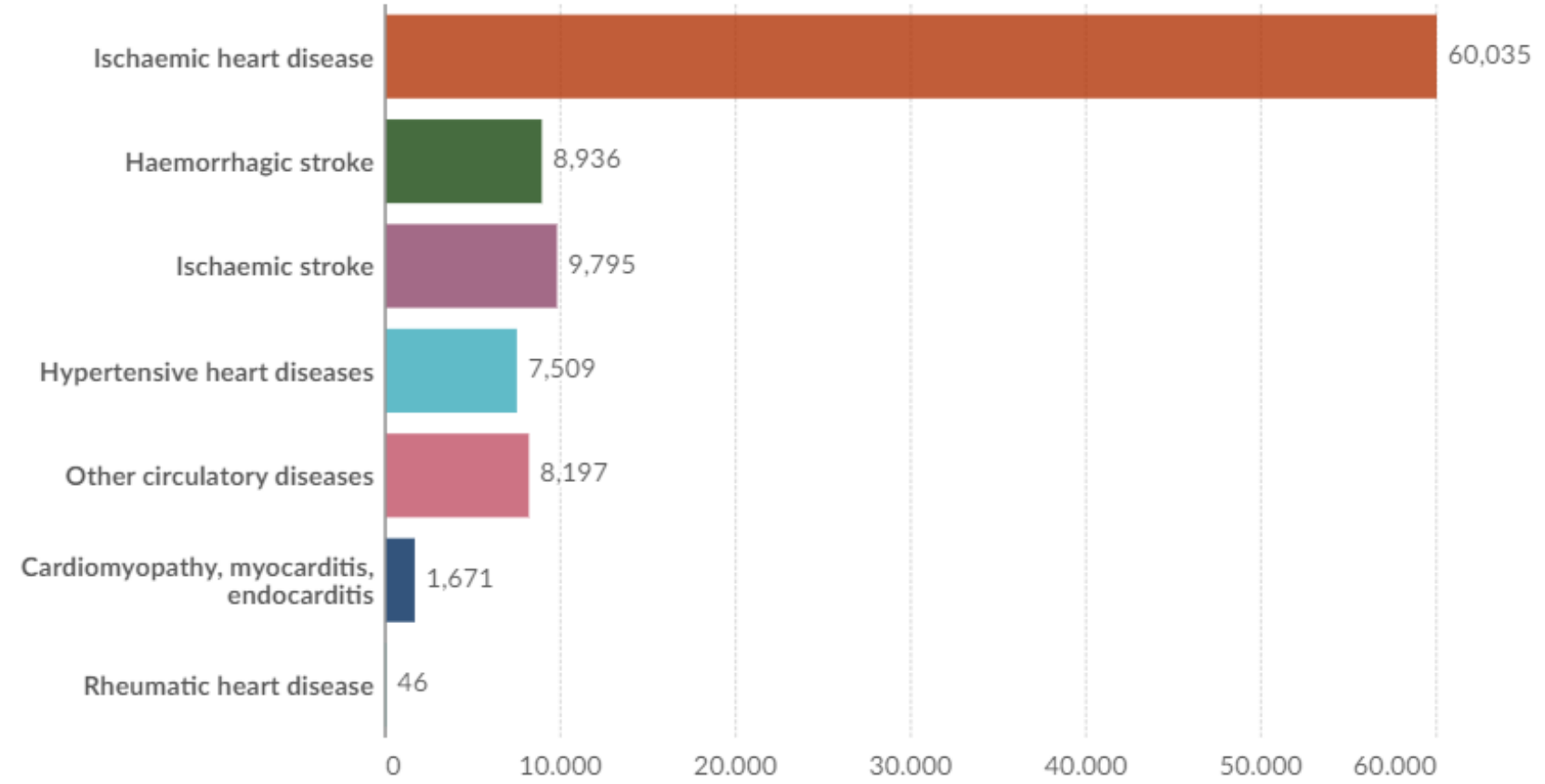
Number of deaths from cardiovascular diseases by type, Colombia, 2021

Our World in Data

Estimated annual number of deaths from cardiovascular diseases. This includes ischemic heart disease, hemorrhagic stroke, ischemic stroke, hypertensive heart diseases, cardiomyopathy, myocarditis, endocarditis, and rheumatic heart disease.

Table | Chart

Change country or region



2000 — 2021

Data source: World Health Organization (2024) – Learn more about this data

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Death rate from cardiovascular diseases by risk factor, Colombia, 2021

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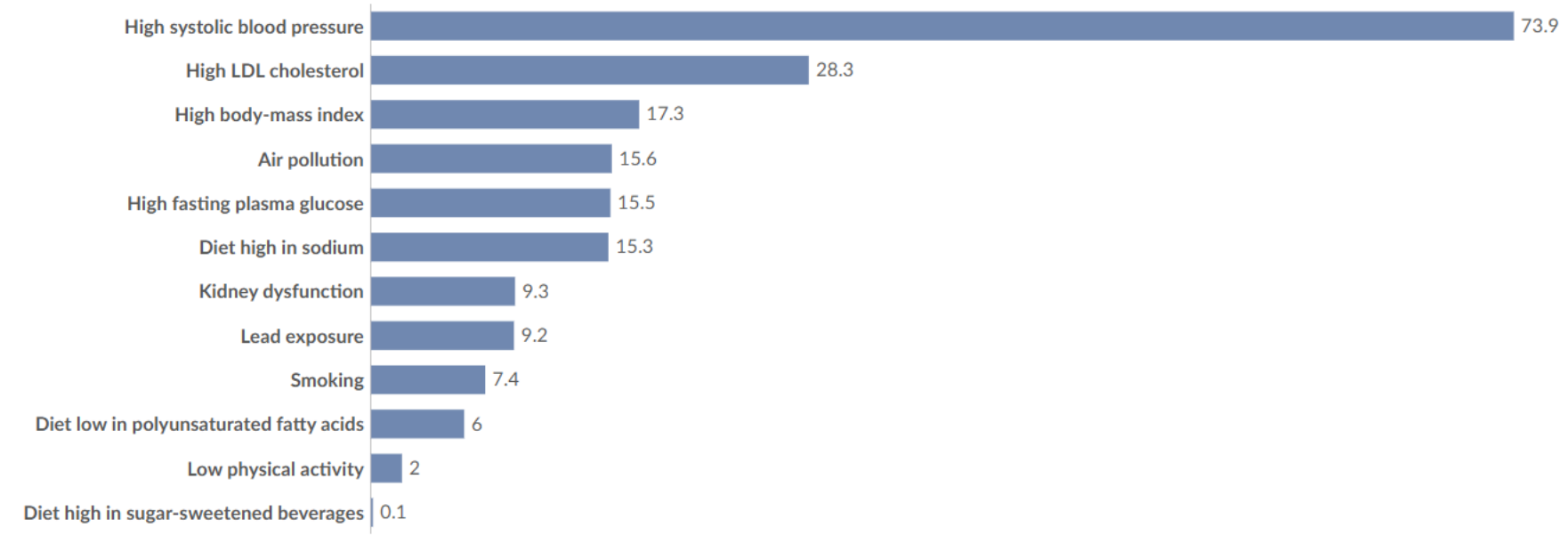
Estimated death rate from cardiovascular diseases per 100,000 people attributed to each risk factor. Estimates come with wide uncertainties, especially for countries with poor vital registration.

Table | Line | Bar



Play time-lapse 1990 2021

Data source: IHME, Global Burden of Disease (2024) – Learn more about this data

OurWorldinData.org/burden-of-disease | CC BY

Note: To allow for comparisons between countries and over time this metric is age-standardized. Multiple risk factors can contribute to the same deaths; therefore, deaths from different risk factors cannot be summed up.

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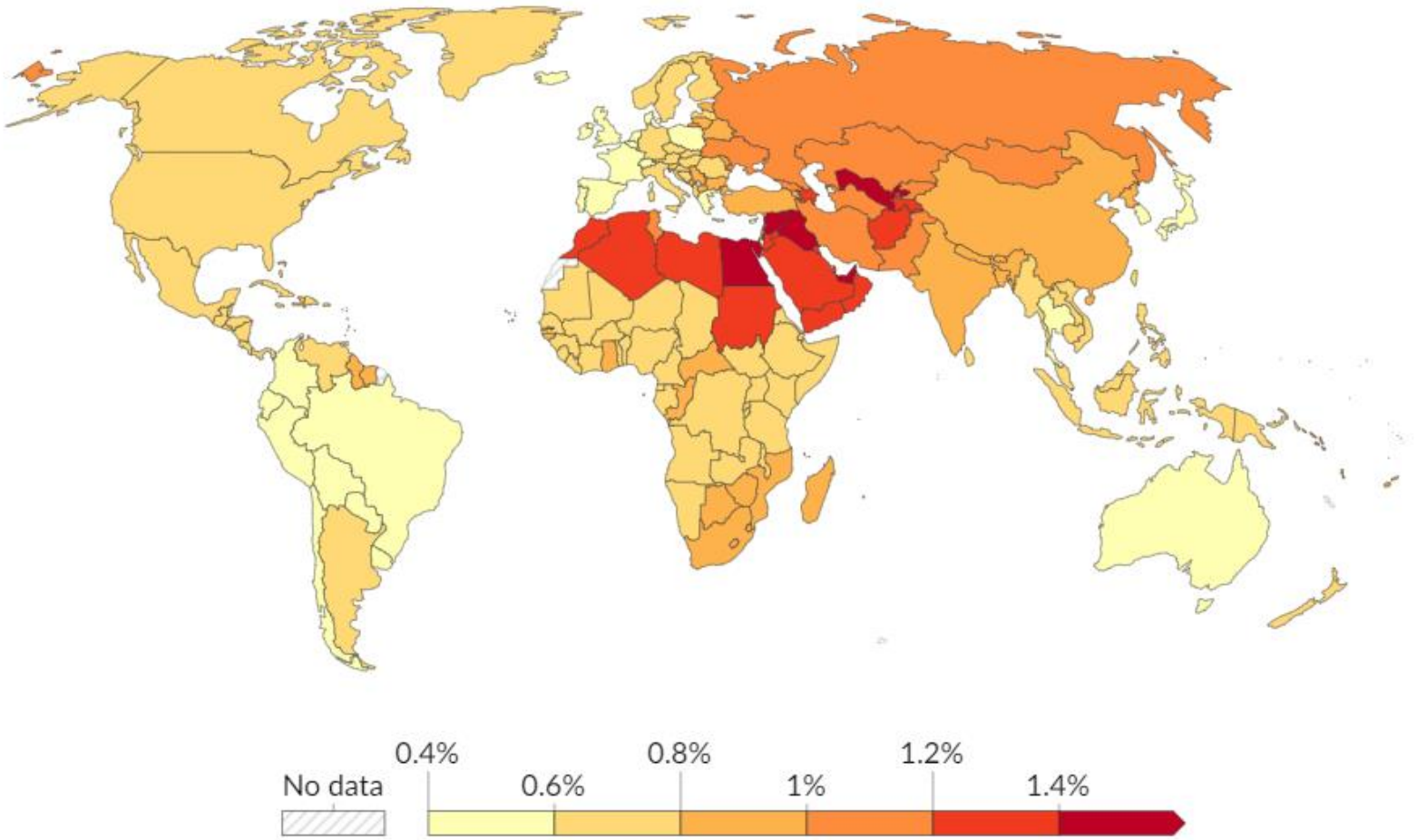
Incidence rate of cardiovascular diseases, 2021

Estimated share of the population who newly develop cardiovascular diseases, in a given year.

Our World in Data

Table | Map | Chart

World



Data source: IHME, Global Burden of Disease (2024) – Learn more about this data

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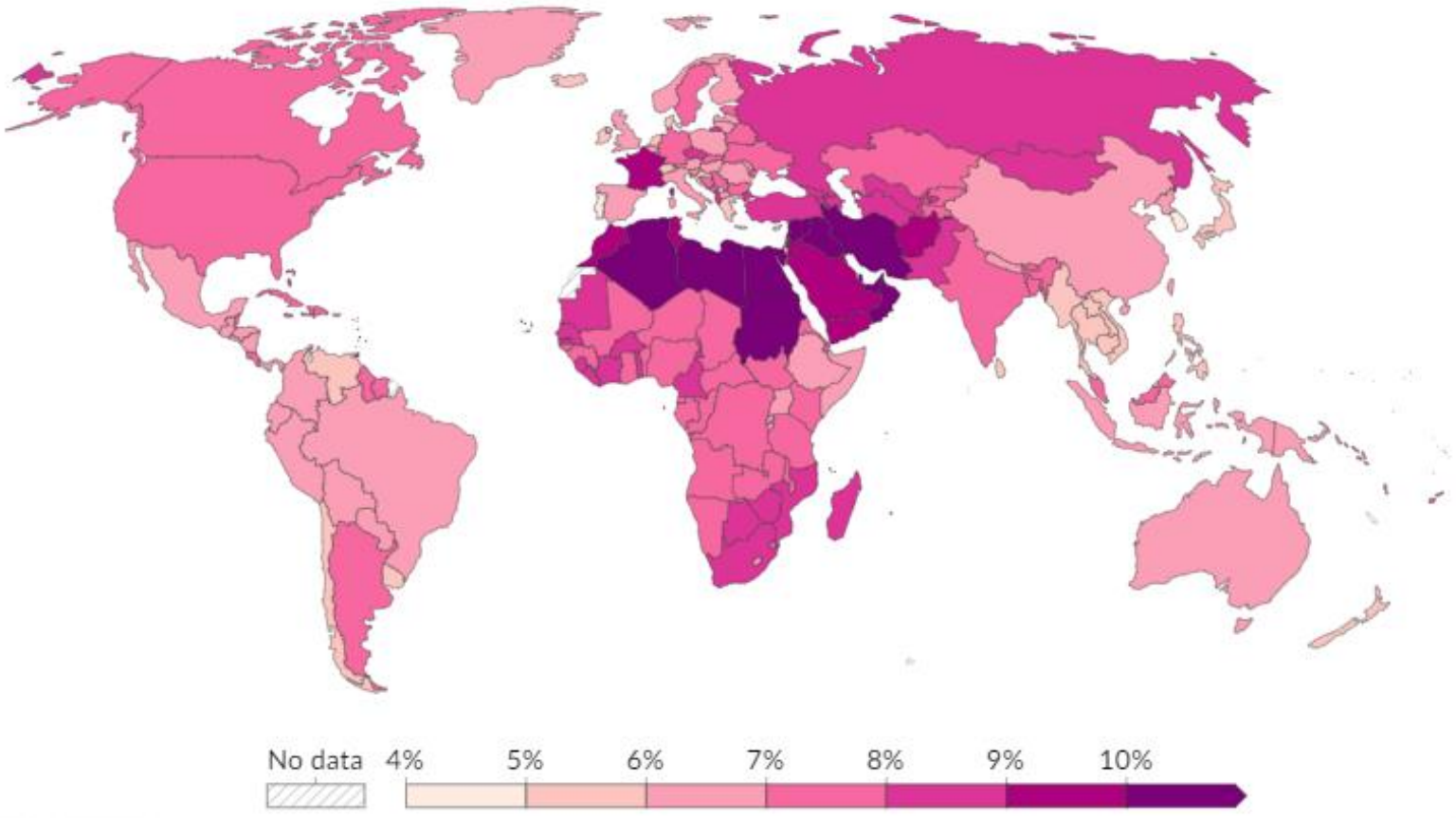
Prevalence rate of cardiovascular diseases, 2021

Estimated prevalence of cardiovascular diseases, as a share of the population.

Our World in Data

Table | Map | Chart

World



1990 — 2021

Data source: IHME, Global Burden of Disease (2024) – Learn more about this data

Note: To allow for comparisons between countries and over time, this metric is age-standardized.

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Factores de riesgo

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No Modificables

1. Edad
2. Sexo
3. Contaminación medio ambiental
4. Factores hereditarios

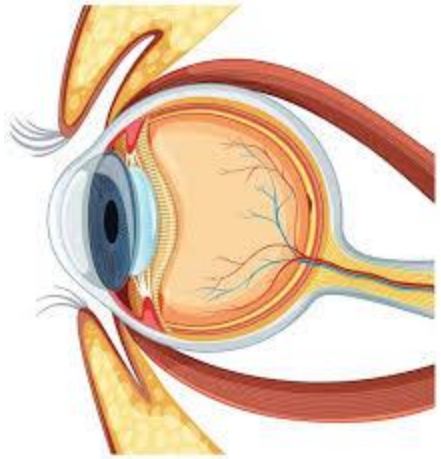
Modificables

1. Hipertensión arterial
2. Dislipidemia
3. Diabetes mellitus
4. Tabaquismo
5. Sobrepeso y obesidad
6. Falta de ejercicio físico
7. Consumo nocivo de alcohol
8. Tipo de dieta
9. Nivel de estrés
10. Anticonceptivos orales

https://www.who.int/es/news-room/fact-sheets/detail/cardiovascular-diseases-(cvds)
https://www.texasheart.org/heart-health/heart-information-center/topics

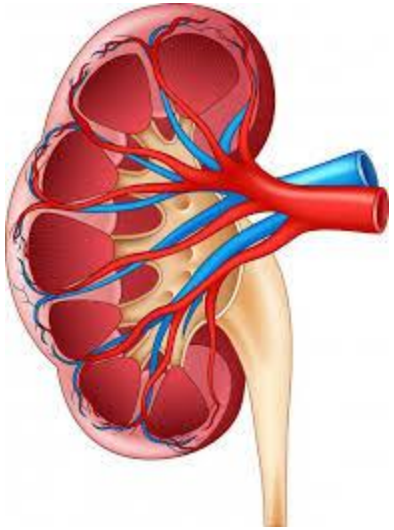
Diabetes Mellitus

5 – 15 Años



5 – 10 Años

5 – 10 Años



10 Años

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Modelo de atención Aliansalud EPS

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1. Hipertensión arterial
2. Dislipidemia
3. Diabetes mellitus
4. Tabaquismo
5. Sobrepeso y obesidad
6. Falta de ejercicio físico
7. Consumo nocivo de alcohol
8. Tipo de dieta
9. Nivel de estrés
10. Anticonceptivos orales

- Medico general
- Médico internista / Medico Familiar
- Cardióloga
- Endocrinología
- Oftalmología
- Nefrología*

- Nutricionista
- Psicología
- Fisioterapeuta
- Trabajo social

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- Creatinina sérica y cálculo de TFG
- Albuminuria
- Glicemia / Hb A1c
- Perfil lipídico

- Hemoglobina*
- PTH*
- Fosforo*
- Calcio*
- Albumina*
- Fosfatasa Alcalina*

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